



**THE GOLDEN RING OF RUSSIA**  
**International adventure bicycle tour**  
**570 km / 360 ml**  
**ITINERARY**

Day	Route	Tour program	Cycling, km/miles	Accommodation
1.	Moscow - Voronino	Arrival Transfer to Voronino (200 km) Tour of an old noble country estate	-	Hotel
2.	Voronino – Rostov Borisoglebsky	City tour in Rostov (Kremlin) Borisoglebsky monastery	40/25	Hotel
3.	Uglich	City tour in Uglich. (Kremlin, museum of unusual bicycles)	82/50	Cabin
4.	Myshkin	City tour in Myshkin (valenki (wool boot) museum, mill)	45/28	Cabin
5.	Rybinsk, Demino	City tour in Rybinsk (flooding town museum)	60/37 (20 km of dirt road)	Hotel
6.	Ust'e	City tour in Tutaev	65/40	Cabin
7.	Yaroslavl, Dievo Gorodistche	City tour in Yaroslavl	45/28	Country hotel
8.	Kostroma	City tour in Kostroma (the Outdoor museum of Wooden Architecture & Peasant Life)	70/43 (9 km of gravel roads, 7 km of sand road)	Hotel
9.	Ples Transfer to Chaika (110 km)	Ples, lake Rubskoe	60/37 (2 km of sand road)	Country hotel
10.	Cycling to Suzdal	City tour in Suzdal (Kremlin, Spaso-Ephimy monastery, mead tasting) Farewell dinner	70/44	Guest house
11.	Bogolubovo Transfer to Moscow (200 km)	City tour in Suzdal, The Church of Intercession on the Nerl in Bogolubovo.	35/22 (5 km of dirt road)	Hotel
12.	Moscow	Moscow tour. Departure	-	

Banya (Russian steam bath) is available in all cabin accommodation

**The itinerary is subject to change**