



Russian Cycle Touring Club

Moscow – St. Petersburg

“Three capitals of Russia”

International bicycle tour

400 km / 250 ml

Itinerary

Day	Route	Distance Km	Sightseeing
1.	Arrival in Moscow	0	Moscow (city walking tour)
2.	Transfer to Bortenevo (200 km) Cycling to Staritsa	40	City tour in Staritsa. Assumption monastery. http://en.wikipedia.org/wiki/Staritsa Russian bath house
3.	Staritsa – Volga	55	The Zoo, swimming pool, Volga
4.	Volga - Torzhok	75	Museum of Sergey Lemeshev (famous opera singer) City tour in Torzhok. Gold embroidery shop https://en.wikipedia.org/wiki/Torzhok Sauna
5.	Transfer to Seliger (140 km) Cycling to Gorodets	60 (14 km of dirt road)	Seliger lake, St. Nil monastery http://en.wikipedia.org/wiki/Lake_Seliger
6.	Transfer to Visuchy Bor (100 km) Cycling to Staraya Russa	75	Spa resort http://en.wikipedia.org/wiki/Staraya_Russa
7.	Transfer to Borki (75 km) Cycling to Veliky Novgorod	35	Museum of Fedor Dostoevsky Yuriev Monastery, Open-air museum of wooden architecture "Vitoslavitsy" City-tour in Novgorod, Kremlin http://www.novgorod.ru/english.php
8.	Vel. Novgorod - Selitsche Transfer to St. Petersburg (150 km)	60	Farewell dinner
9.	St. Petersburg	0	City tour in St. Petersburg Departure

The itinerary is subject to change.